Vol. 15 No. 7



IMMANUEL LUTHERAN CHURCH AND SCHOOL, BRISTOL, CONNECTICUT

JULY / AUGUST

From the editors: Due to a lack of news we have combined the July and August issues. We have also included in this edition of the Messenger the Alumni Newsletter which was mailed in June to the Immanuel Lutheran School alumni.

Rev. Kevin A. Karner
Pastor

OUR MISSION

The people of Immanuel Lutheran Church are living proof of the grace of God through salvation in Jesus Christ.
Empowered by Christ, our mission is to reach out in love to those who have not yet responded to the Gospel that all may be united in Christ.



School Mission

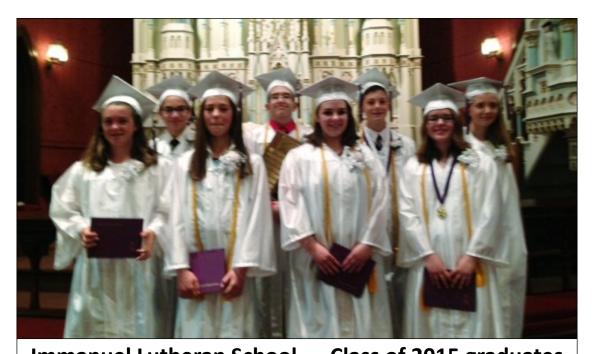
The Mission of Immanuel Lutheran School is to provide a loving atmosphere of academic excellence for children while developing in them and their families a lasting relationship with Jesus Christ.

Immanuel Lutheran Church and School 154 Meadow Street Bristol, CT 06010

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Immanuel Lutheran School — Class of 2015 graduates

Immanuel Lutheran School is pleased to announce Fourth Quarter Honor Roll Congratulations!

High Honors
Caleb Beaudoin (8)
Morgan Bielert (8)
Morgan Moliengo (8)
Myah Croze (8)
Jared Krueger (7)
Lorrin Jackson (7)
Melanie Moliengo (6)
Morgan Hebert (6)
Morgan Hebert (6)



Messenger is published monthly by Immanuel Lutheran Church and School for its members and friends.

Immanuel is a member of the Lutheran Church Missouri Synod.

> Ed & Dee Krampitz Newsletter Editors

Summer Worship Schedule

SUNDAY DIVINE SERVICE 9:00 A.M.

ADULT BIBLE STUDY 10:30 A.M.



WHEELCHAIR ACCESSIBLE

Worship Services are broadcast each Sunday on

> 990 AM 1:00 P.M.



From the Pastor's Desk

"One Nation under God"

And the people of Israel did what was evil in the sight of the Lord ... And they abandoned the Lord, the God of their fathers, who had brought them out of the land of Egypt. They went after other gods, and bowed down to them. And they provoked the Lord to anger. They abandoned the Lord ... So the anger of the Lord was kindled against Israel, and He gave them over to plunderers, who plundered them Judges 2:11a, 12, 13a, 14a

Somebody at NBC made a decision. Showing children reciting the "Pledge of Allegiance," a decision was made to remove the words "under God" from the patriotic video that was shown during its coverage of the U.S. Open golf tournament on June 19th, 2011.

Viewers went ballistic. Before the program was over, NBC offered an apology. It said the edit was not done "to upset anyone." Then the network added, "We'd like to apologize to those of you who were offended by it."

As we celebrate America's birthday this month, I want to go on record as saying that was a lousy apology.

- It was lousy because it didn't say why ANYBODY at NBC felt they had a right to edit ANY part of the Pledge. Congress having both the right and authority hasn't made any modifications since 1954.
- It was a lousy apology because it didn't explain why the words "UNDER GOD" seemed to be fair game for the editor.
- It was a lousy apology because there was no admission of error. NBC didn't say: "We were wrong and we're sorry." Instead of a confession, NBC said, "We're sorry YOU got upset." There is a difference.

In contrast to NBC's editorial declaration of independence from the Lord, it's time for Christians to come together in confession.

And what shall we confess? We need to confess that it's the Lord who has brought us and this nation to this point in time. It's time for us to confess that far too often we have wrongly taken the credit for our nation's bounty and successes. It's time for us to confess that the Lord has blessed America for a purpose – and that purpose is to serve Him.

We dare not follow the route that an editor at NBC suggested; we shouldn't walk in the footsteps of the Children of Israel who, as the passage above reminds us, "did what was evil ... and abandoned the Lord." Scripture records God's punishment of their disobedience, and history shows what happens to other nations that forget God's bountiful hand.

Which is why, on Independence Day, let us give thanks the Lord has, by His bounty, given us earthly freedom and through His risen Son's blood freed us from the tyranny of sin, death and the devil.

PRAYER: Dear Lord, we can't say exactly why You have and continue to bless our nation. We do know that we have often failed to acknowledge Your manifold temporal gifts. For these shortcomings we ask Your forgiveness. Now we pray that our country and our citizenry may acknowledge You from whom all blessings flow. In the Name of our greatest Blessing, the Savior, Jesus, we pray it. Amen.

Pastor Karner 1 Thess. 5:23-24



Our "over age 50" group, does not hold any summer lunches during July and August. Hope you were one of the 57 people who enjoyed our June Picnic Lunch, learned from our speaker from American Senior Benefits, and did a puzzle sheet on June 4. Our next lunch is on Thursday, September 3, when we hold our annual September Planned Potluck and play your childhood version of Bingo and give out many donated prizes. Everyone should try to bring Potluck food to share. If your last name begins with A thru G — bring a Hot Dish, H thru M — bring Dessert, and N thru Z — bring a Cold Dish.

Our first daytrip in on Thursday, July 9 to wonderful Wickham Park in Manchester; rain date July 10. It's one of the jewels of our state and a photographer's dream, so bring your camera as we visit the fabulous Sensory Gardens, one of only four in the country. You will see acres of gardens — Scottish, Chinese, English — plus an Aviary-like zoo with peacocks. We have many drivers available so just leave your car in the church lot at 10am. and join us. We will have affordable lunch at the adjacent Marco Polo Restaurant, plus a possible afternoon trip to the Christmas Tree Shop. No reason to signup ahead of

time, just meet at church at 10 am on July 9; hoping for a perfect weather day!

On Thursday, August 27, about 20 of us will go on the Bristol Senior Center's "Thimble Island Cruise" on Bus B which leaves from Stafford Ave. at 9:30 and returns around 6 pm. We will have lunch at Branford's Chowder Pot III and also enjoy shopping at Westbrook Outlets. Everyone has paid \$79, but if you need to cancel, please call Carol 860-582-9608 who will have a waiting list.

We need YOU to help plan another daytrip for our group for the summer; we will help promote a trip you have in your mind. Volunteers are always needed and appreciated; contact Joyce or Carol 860-582-9608 for help in developing your plan for us.

We hope that you will greet one another at our 9 am Sunday services and read the announcements in the bulletin to see any new activities we may plan. The glass-enclosed bulletin board near the library also shows our activities. Ideas for trips sponsored by Senior Centers are shown on the TRIP bulletin board by the gym. The Monday card players meet at 1 pm in the Parish Center.

The best idea for a summertime activity is to visit some of our many homebound members who are waiting to welcome you and have a pleasant visit.

CHURCH PHOTO DIRECTORY

Be a part of a photographic directory of our Immanuel congregation!

Sign up for the Photo Directory on Sunday, July 12 and Sunday, July 19. Members of the Board of Parish Ministries will assist you in scheduling your appointment. Photo dates are August 11 & 12 and September 8 & 9. Lifetouch photographers will collect photos of all our families. Participants will receive a free 8x10 photo and a free directory. There are also photo packages available and discounts for seniors and those in the military, police and fire services.

PhD student Christine Wegner wins Best Student

Abstract Award

July/August 2015

More than three-quarters of black women aged 12 to 74 are considered clinically obese.

For Christine Wegner, a Fox School of Business PhD student and a research assistant in the School of Tourism and Hospitality Management, that statistic was



a key component in her award-winning research that investigated how social stigmas keep black women from participating in physical activity.

Wegner received the Best Student Abstract Award at the National Recreation and Park Association's Leisure Research Symposium, held Oct. 14-16 in Charlotte, N.C. The competition selected the best student research in the leisure industry, as it related to current cultures.

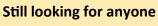
Wegner's work with Black Girls Run! (BGR!), a national organization that uses running to promote physical fitness and health among black women, while combatting stereotypes surrounding the activity, spurred her research. She reacted to how few black women engage in running because of social stigmas surrounding the sport, which she concluded have contributed to illness and increased body weight among black women.

Wegner reached out to 63,013 black women through BGR! Their responses identified confidence, skill, health, time, preference and hair management as six key areas when breaking down the barriers between black women and their athleticism.

Wegner, whose PhD studies include a concentration in Tourism and Sport Management, concluded that participating in BGR! changed the mindset surrounding running in the black female culture to increase the number of women who now identify as black, female and runners. Their increased physical activity has helped reduce the risks of Type 2 Diabetes and other obesity-related illnesses among black women, and has provided a sense of empowerment. — *Lora Strum*

Submitted to the Messenger by Doris Wegner

A NOTE FROM OUR PARISH NURSE:







someone's life by playing setback with some of our shut-ins or just making a visit to someone and



bring a smile to their face. Please contact me if you would like to participate. Anyone interested, please call me on my cell phone

and leave a message — 860-877-0022.

Don't forget Walk and Talk
All are invited. Tuesdays - 9:30 am
at the Parish Center
We hope to see you there!

From the Editors, Ed and Dee:

The next *Messenger* deadline is August 15th for the September issue. Articles should be either emailed to **ekrampitz@sbcglobal.net** or brought to the church office and left either in the mail slot or on my desk.

Please consider having the *Messenger* sent to you electronically. For more information contact me at **dkrampitz@ilcs.org**.

Dee Krampitz

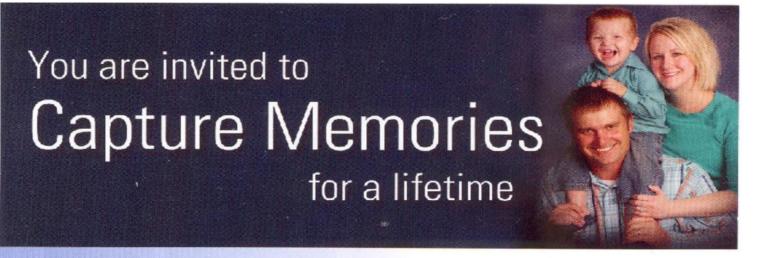


CALLED HOME TO HEAVEN

Erich A. Woike March 29, 1928 — June 19, 2015

Elaine (Erling) Prindle August 5, 1928 — June 29, 2015





Do you know the names of the people sitting around you?

Help us to build a tool that will put names with faces. Be a part of our new family directory program we need YOU to make our new family album complete!

Each family will receive a complimentary 8x10 portrait and free directory for participating!



Look for details in your bulletin

www.lifetcuch.com

Connecting You through Family Photography Immanuel Lutheran Church and School
Alumni Newsletter

JUNE 2015

Volume 1 : Issue 1



ILS ALUMNI



Immanuel Lutheran Church and School would like to reconnect with our past students to find out how your Christian education has made an impact on your life. Do you remember your days at ILS and the experiences that you had? Our newly formed Alumni Committee is working hard to bring our students back together and celebrate milestone reunion dates. As always The mission of Immanuel Lutheran School is to provide a loving atmosphere of academic excellence for children while developing in them and their families a lasting relationship with Jesus Christ.

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- Reunion Information pg 3
- Church & School News pg 4

IMMANUEL LUTHERAN CHURCH AND SCHOOL

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PRINCIPAL: MR. JAMES F. KRUPSKI

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If you have received this publication in error, please contact the School at 860-583-5649 so we can remove you

from our mailing list.



Alumni Highlight: Cara Christine Pavalock Class of 1990



Cara Pavalock has done a lot since her days at Immanuel! Recently, Cara has been elected to the Connecticut House of Representatives as a State Representative for the 77th District which includes Bristol. She is also a Lawyer with degrees from Providence College, St. Thomas University School of Law, and

Georgetown University. Cara has also been volunteering her time at Immanuel Lutheran Church and School by talking with the students and working at Basketball games. We are very proud of the success Cara has had and wish her God's blessings as she works with the Aging, Commerce, Program Review, and Investigation Committees at our State Capitol.

If you know of an Alumni that should be highlighted, please contact Jason Krueger at: dj2hkrueger@gmail.com

Name:	Maiden:		Class: _
Address:	City:	State:	 Zip:
E-mail:			
Spouse's name:			
Children (with ages):			



Alumni Weekend Reunion Celebration:

We would love to see all of our former students at our first annual Alumni Weekend celebration.

Friday, September 18, 2015 - Sunday, September 20, 2015

Order of Activities:

Friday, September 18, 2015

• Welcome Reception honoring our Alumni in the School Gymnasium 7:00pm - 10:00pm. We will be honoring the Graduation classes celebrating a ten year class anniversary. Classes 2005, 1995, 1985, 1975, 1965, 1955, 1945, & 1935. All alumni and church members are welcome to attend!

Come and talk with fellow classmates and congregation members in a casual setting. There will be a Wine Tasting with appetizers from 7:00-9:00pm and a Silent Auction which will conclude at 9:00pm. The cost to attend is \$25.00 per person.

Saturday, September 19, 2015

• German Festival — Check out our German festival with authentic foods, music, activities, and an authentic German Bier Garten for the adults and a Juice Garten for the kids. Contests and entertainment will be provided. 12:00pm - 10:00pm.



Sunday, September 20, 2015

• Join us for Church Service at 8:00am and 10:45am

Let us know if you are able to attend!

Name:	_Class Year:
E Mail Address:	
\$25.00 per person Alumni Wine Tasting 9/18/15 Number Attending	
Checks should be made out to "Immanuel Lutheran Church Event tickets will be mailed upon receipt of payment. Mail to: Immanuel Lutheran Church	
154 Meadow Street Bristol, CT 06010	

JULY 2015 HAPPY BIRTHDAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Andrew Helming	2 Leonard Maron	3 Edward Bohn Alyssa Kirschner Robert Pease	4
5	6 Donna Hiscock Paul Stewart	7 Dorothy Duessel Janice Eschner Elizabeth Helming	8 Darrin Bodley Matthew Croze Erika Raspanti	9 Wanda Hubbard Dee Krampitz Carol Maron	10 Melanie Moliengo Rocco Pesce	11 Bruce Helming
12 Meghan Carder Ernest Schultz	13 Jennifer McIntyre Eric Therrien	14 Ellizabeth Fitz Beth Schroeder	15 John Fitzherbert, Jr.	16 Tyler Beaudet Brooke Wells	17 Linda Angelillo Myrle Behrendt Chandler Boutin	18 Mary Aszklar Todd Gorneault Elizabeth Moliengo Rebecca Runk
19 Donald Smuda Jared Tessman	20 Rhoda Cloutier Debbie Krueger Jonathan Tonn	21 Gregory Croze Amelia Schuler	22 Marvin Heidorn Nathaniel Milano	23	24 Marilyn Triplett	25
26	27 Doreen Checovetes Kevin Karner Nicholas Madigan	28 Susan Bodick	29 Makenzie Jankowski	30 Matthew Dennis Joseph Reed Tyler Thormahlen Doris Wegner	31 Maggie Karner	

AUGUST 2015 HAPPY BIRTHDAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Laurie Grekula Holly Tonn
2 Amy Richmond Cindy Schuler	3	4 Joseph Cydylo Louise Winter	5 Peter Tonn	6 Alexis Fitzherbert Ryan Hill Jordan Kuharski Alicia Michelson Phyllis Steinackle	7 Seth Michelson Robert Wells	8 Amy Sonstroem
9 Mark Blank Kimberly DeBaise Michael Killian Rachel Shields	10 Aaron Desjardins Caitlyn Pacitto	11 Alice Cunningham Wilhelmina Reaves Deborah Swicklas	12 Eric Larson	13 Kenneth Michelson	14 Thomas Goodwin Maggie Theriault	15 Sierra Reed
16 Benjamin Bridges Armin Hauer Joyce Marion Breeann Redman Ryan Tessman	17 Ruth Johnson	18	19 Barbara Radcliff Molly Tower	20 David Kisser	21	22 Scott Eschner John Fitzherbert Karl Riegler
23 Craig Stange Jonah Tonn 30 Alexandra DuBois Joyce Lassy	24 Michael Behrendt Janet Desrosiers Lauren Simard 31 Jon Sonstroem	25 Wayne Kuharski Daniel Tonn	26 Marilyn Schmelder Linda Wall	27 Dorothy Tichanski	28 Elsie Wentland	29 Barbara Wallick

IMMANUEL LUTHERAN CHURCH & SCHOOL NEWS

This Past School year, Immanuel Lutheran School participated in an opening picnic, a co-ed soccer team, the Mum Festival parade, numerous fundraisers, pumpkin carving with the Senior Citizens, the annual sauerkraut supper, a Thanksgiving Feast, collecting food for the needy, raising money for charity, a boys and girls basketball team, music groups, choral groups, helping with the orphan grain train, visiting shut-ins, and many other activities and events.

Keep praying for our Church and School!





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